

FON Residence Handbook

(English Version)

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Welcome to
The University of Pelita Harapan and
Faculty of Nursing Residence with Mission Youth for Christ (MYC)

Welcome to the FoN Residence with Mission Youth for Christ (MYC)

MYC Management offers FoN students the opportunity to take up residence at UPHC Residence. The choice to reside at the residence will give you a challenging and valuable experience as well as a changed life. FoN Residence not only a place where students come to rest at night, but also a place to study, interact and grow within the context of community living.

In order to make your stay a satisfying experience, the following information will help you pertaining to life in your residence community. Living with others requires mutual respect and a willingness from all to adhere to prescribed regulations and procedures. These given aspects will enhance the chance for every resident to enjoy a quality life together and to have an opportunity to know and grow in learning about the Lord Jesus Christ.

Our Hope For You

Students are expected to grown in several things that is a foundation from all programs and plans of MYC.

Integrity

Reconciling your faith and your life

Living out your faith through what you do in all areas of training and life

Personal Responsibilities

Functioning as an independent adult

Developing your self-management towards understanding and implementing the prescribed regulations and direction/guidance

Discipline

Practicing self-restraint

Upholding priorities and what is right, in responding to the various activities, assignments and challenges

Healthy Relationship

Building healthy relationships based on self-respect and respect for others. This is a crucial aspect of our calling.

Compassion

Showing compassion and concern towards others because it is our belief that every one is created in the image of God.

You Are in a Christian Community

A Christian Community is formed based on biblical values and characters to be practiced in community living by its members; not because there are lots of religious activities like Bible study, prayer group, or a chance to have fellowship, even you will get that in the dormitory.

Remember, there are others!

“Do nothing out of selfish ambition or vain conceit, but in humility consider others better than yourselves Each of you should look not only to your own interest but also to the interests of others.” (Philippians 2:3-4)

The scripture above is a directive instruction of how we should treat one another - from our room-mate, fellow-floor resident, to our fellow-dorm resident. As Christians, our life is no longer our own. We live for others as Jesus did. Our actions and decisions effect others. This fact requires us to be concerned, sensitive and responsible in the way we live among the community.

Be Gracious, we all are still growing in the Lord

“But grow in the grace and knowledge of our Lord and Saviour Jesus Christ. To Him be glory both now and for ever! Amen.” (2 Peter 3:18)

The aim of *Dormitory Life* is the training of the students - physically, emotionally, intellectually, socially and spiritually - through various experiences in *in-campus* living. All types of training are conducted in the context of faith, so that we may have a more wholistic understanding on how we should relate with one another and with our God. What are the implications of our life together? As we endeavour to learn and grow in our personal life, we also actively encourage others to grow, so as not to become a stumbling block to those around us.

Be a problem solver

“If your brother or sister sins, go and point out their fault, just between the two of you. If they listen to you, you have won them over. But if they will not listen, take one or two others along, so that ‘every matter may be established by the testimony of two or three witnesses. If they still refuse to listen, tell it to the church; and if they refuse to listen even to the church, treat them as you would a pagan or a tax collector.” (Matthew 18:15-17)

Without realizing it, we often get angry, and frustrated with one-another and end up hurting each-other. When someone hurts us, it is much better to go and speak honestly to the person concerned, rather than to gossip or dwell in your anger about the whole situation. If someone verbally assaults you, graciously listen with an honest intention to take responsibility where it counts and to straighten up matters. If we are able to appropriately speak, listen, confront and forgive, we will grow together as a community. The Dorm Parents (DP), Resident Assistant (RA), and your Supervisor (SPV) are available to help in the process of resolving a conflict if the individuals involved are unable to reach a resolution.

Your Floor

Our community collectively work together towards a shared-goal, that touches all areas of our life. Everything is important, meaningful, and is a source for learning. Because of it, our learning process should be from all the areas in our life. When we share our life with others, we learn to express our needs, to mutually respect each other when there is a conflict of perspectives, and to willingly compromise in our differences.

To enhance this process, each floor has a set of procedures and regulations which must be studied, understood and lived up to by every dorm resident. The procedures and regulations will be introduced within the first few weeks of the commencement of the academic year. Along with its Dorm Parents, Resident Assistant, and Supervisor, every floor will determine the schedule of floor meetings and daily procedures (use of bathroom, laundry/iron, kitchen, TV, drinking-water dispenser, lounge, etc.). Each floor will also determine how to manage and regulate noise level, cleanliness, the use of lounge, study-room and kitchen. Do make it a priority to focus your attention on the dormitory in your first few weeks. You are very welcome to submit your input to your Supervisor.

Some additional helpful advices you may use in sharing dorm-floor with others:

- Speak up. To voice your opinion can be challenging in a new community, but this is now your home.
- Treat others with respect.
- Follow the prescribed regulations. MYC Management has established a set of procedures and regulations pertaining to the health and safety of residents.

- Respond positively to all prescribed requirements.
- Participate with others as a member of the community. Actions (directly or indirectly) which are discriminative in regards to race, gender, belief, disability, nationality and sexual orientation cannot be tolerated in a community that is based on Christian values.
- Communicate openly, with clear boundaries, realistic expectation, and respecting and tolerating, also learning to accept and respect differences.

Smartcard

UPH Students are provided with smartcard as an identity card for students and access to borrow books in UPH Library. For Faculty of Nursing residents, smartcard also functions to take food and chapel absence. To take food and chapel absence, Faculty of Nursing students can swipe their smartcard through a card reader available.

Damaged or lost smartcard should be immediately reported and ask for making a new card in UPH Card Center at Building A, 8th floor during work hours.

The Residence

In each floor there are:

- 5-10 bed-rooms each has 16 sets of bed, study-desk, and cabinet
- Shoes rack for shoes for each room's student
- Washing machine, Drying machine, Iron, and Ironing board
- Shared bathrooms
- A lounge or TV room with a TV set.
- A kitchen with a dining table, basin or sink for washing dishes, a stove, a cabinet with drawers, a fridge and a drinking-water dispenser.
- Announcement board
- WiFi & CCTV 24 hours
- Emergency exit door

What you need to bring to the dorm:

- ___ Alarm clock.
- ___ Desk lamp, if needed.
- ___ a set of bed-sheets, pillow, and pillow-cases; and a blanket that may be colorful
- ___ toiletry and towels
- ___ clothes (not too much, but enough)
- ___ 2 pairs of shoes, and 1 pair of sandals
- ___ A pouch for dirty laundry and detergent
- ___ coat hangers
- ___ plates, mugs and a cutlery set
- ___ An umbrella

Notes:

Remember your bedroom size and cabinet has limited space. You are only allowed to bring one piece of luggage of personal belongings.

Prohibited items:

- Large-sized luggage (according to the size set)
- Stove
- Matchsticks and fireworks
- Weaponry
- Alcohol
- Cigarettes
- Pornographic DVDs
- Oven/microwave
- Narcotics / Illegal medicine
- Pet, except fish in aquarium
- Cabinet/rack

You are not to:

- Move any gadget/facility or the likes in the room or anywhere else in the floor including furniture, iron, ironing-board, etc.
- Nail anything on any wall.
- Paint anything
- Throw anything through or from the window

- Put on a disc player (music or TV) with a level of noise that is an inconvenience to others
- Do any cooking in the bedroom.
- Set up any electric extension, halogen lights, and candle
- Borrow someone else's possession without prior permission from the owner.

Various Rooms

On every floor there are various rooms for various purposes, which includes the following:

- TV room, for recreation - watching TV, chatting, and others
- Kitchen/pantry, to cook, wash cutlery, and keep foods and cutlery
- Washing room and iron, to wash and iron clothes
- Drying clothes area, to dry clothes after washing
- Bathroom, to take a bath. Cleaning of the bathroom is done everyday by a floor cleaner

Students can use each room according to the function and usage. For everyone's convenience, pay attention on how to use equipments & maintain its cleanliness. Every cost for damage or lost from the equipments provided by residence will be charged to the related residents that uses the equipment according to the policy stated in finance procedures.

Residence Cleanliness & Neatness

- Make sure your bed is neat and clean. Every two weeks, bed sheets and blanket should be washed to prevent unappealing smell. Bed should be wiped from dust.
- Make sure every room provide their own cleaning gears : broom, dustpan, mop, doormat, towel, and dustbin. Resident are not allowed to borrow or use cleaning gear from cleaning service.
- Make sure there is a schedule to clean every room every one or two days.
- Make sure every desk is always neat.
- Make sure cabinet is neat. Don't store food or shoes/sandals in clothes cabinet.
- Shoes and sandals are kept in shoes rack.
- Put luggage below your bed

Utility

A high level of concern and cooperation from all residents is needed towards supporting our “Go Green” ethos in the following:

- Make sure all lights, fan and air-conditioning are turned off when not in use.
- Make sure all electronic gadgets, Ipad, iron, etc., are disconnected when leaving the residence.
- Make sure all water taps are safely turned off when leaving the bathroom

Keys

Each resident will be given one cabinet key. When a key/s is/are missing or lost, the resident concerned must immediately report it to the supervisor who will inform the MYC office. The fine to any such loss and damage is Rp. 100.000 per key for the replacement of the particular key and its key-hole. The fine will be charged to the resident concerned. The replacement is requested by completing key loss form at MYC Office. Residents are not allowed to duplicate room keys. Each resident must be responsible to their own belongings. The safety of student belongings in the bedroom will be the responsible of resident himself/herself.

Life at Residence

You and several friends will live together in one bedroom. As we know, your roommate can have diversity in likes and habits. This needs an attitude of respect and sensitivity for others needs. Hence, there are some things that need to be given extra attention to make a comfort life in your room.

Safety

- The last person leaving the room should make sure to turn off lights, fan, and lock the doors.
- Cabinets are better locked when leaving room.
- Room and cabinet keys are better kept together and always brought anytime. Prevent entrusting it to another person or borrowing keys.
- Smartcard should always be brought by the card owner.

Manners

- Friendly and caring attitude should be a trade mark from a community that respects one another. Greetings like “Good morning,” “thankyou,” “Sorry,” makes you and others feel accepted, cared, and comfortable.
- Try to know all your roommates. Be sensitive to their needs and habits.
- Prevent borrowing things and money
- Be open and honest
- Accept and respect differences in others
- Room light should be off at 22:00. If you still want to work, use desk lamp or do it in study room.
- If you want to listen to music, use headset/earphone so that you would not distrub others.
- Do meeting with other people outside your room, in lobby.
- Get out of the bathroom with full clothes, and bathroom condition clean and ready to be used by others
- Make using shoes a habbit rather than wearing sandals.
- Boys are not allowed to visit or be in girl’s dormitory, and vice versa. Girls are not allowed to visit or be in boy’s dormitory.
- Report immediately to Supervisor if there are things that needs attention or is suspicious

Room Inspection

MYC respects the privacy of each resident. However, for the purposes of the health and safety of each resident, the management will conduct room inspections from time to time without prior notice. If during such an inspection, items are found that are prohibited by the residence regulations, such items will be duly confiscated and an appropriate disciplinary action will be administered to the resident concerned.

Residence Night Curfew

Night curfew means every Faculty of Nursing resident, without exception, should be in their dormitory floor with the policy:

- Sunday - Thursday : 23.00
- Friday - Saturday/Day off on the following day : 24.00

Students who are late must fill out the Late Curfew Form with the Warden. The warden will give it to Dorm Parents.

Overnight Stay

- Faculty of Nursing resident are given one weekend pass per semester. The weekend pass can only be used for important matters, proved by Dorm Parents.
- Christmas, Easter, Idul Fitri & Semester Holiday are not counted in the use of weekend pass.
- To ask permission during days/hours of school, students should get written permission from Student Service Faculty of Nursing.
- If there is an emergency - severe sickness or a family member passes away - before leaving, the family is responsible to submit an explanation letter to the Dorm Parents.

Procedure of asking permission to overnight stay is:

1. Weekend pass permission is asked to Dorm Parents by filling Weekend Pass Permissin Form on Monday, for the following weekend.
2. Agreement of overnight permission (pink form) can be taken on Wednesday, starting at 10.00
3. Pink form should be signed by Supervisor and warden when you leave dorm.
4. Pink form should be brought when sleeping over, to get signature from the host where student is staying

Overnight without written permission from Dorm Parents is a serious violation. This violation will be given Severe Warning Letter and disciplinary action. The letter will also be given to Student Service Faculty of Nursing.

Silence Hours

Silence hour is begun at 10:00 pm to 5 am. This is the time where most of the students need to get the rest, study or enter into their personal prayer. Residents are not allowed to arrange activities in the dorm that make noise. Speak loud, screaming, play music instruments and turn on electronic devices without headset are not allowed

Exit Lippo Village

Dorm residents should get written permission from Dorm Parents to venture out of the Lippo Village area. For that reason, students must fill out permission to Venture out of Lippo Village Area Form.

Guests

Guest visiting hours: Saturday - Sunday, holidays : 12.00 - 18.00

Guests are only allowed to meet resident at GBFK 2nd floor & 3rd floor. Guest are forbidden to enter resident's floor & resident's room. Residents should be responsible for their guests, and make sure that their guests respect the dormitory regulations that is valid and is friendly and polite to other residents. If there are any damage, lost, or violence caused by the guest, resident concerned will be responsible.

Food Service

Faculty of Nursing Dormitory food service - breakfast, lunch, and dinner, is held every day at GBFK Basement with the following schedule:

Day	Breakfast	Lunch	Dinner
Monday	06.00 - 07.50	11.30 - 13.50	18.00 - 19.50
Tuesday	06.00 - 06.40 & 08.00 - 08.50	11.30 - 13.50	18.00 - 19.50
Wednesday	06.00 - 07.50	11.30 - 13.50	18.00 - 19.50
Thursday	06.00 - 07.50	11.30 - 13.50	18.00 - 19.50
Friday	06.00 - 07.50	11.30 - 13.50	17.00 - 18.50
Saturday	06.00 - 07.50	11.30 - 13.50	18.00 - 19.50
Sunday	05.30-07.20	11.30 - 13.50	18.00 - 19.50

* Schedule subject to change with notice

There are some things that needs attention about food service:

1. Every student should plan their weekly eating schedule through meal sign-in website, until Wednesday 12.00. Meal sign-in is done to order food from Friday until the following Thursday. Not doing meal sign-in means not ordering food. If students have ordered food, and do not eat it, they will be charged.
2. To take food, use your smartcard. It cannot be represented to friends. For students that are stick and staying in dorm, give your smartcard to your Supervisor to take food.
3. Students that are sick and needs porridge, can ask for porridge to MYC Food Service Coordinator to be ordered. Please take it yourself at the counter stated.
4. To order food in a box for some activity can be done a week in advance through a letter known by lecturer or staf from the activity committee. Write time of taking and name of PIC that will take that food.

Dorm Parents, Resident Assistant & Supervisor

The Dorm Parents are responsible for the MYC mission at the dorm. They lead Resident Assistant & several Supervisors, and and help counsel their students.

Resident Assistant & Supervisor lives together with the residents in a room. They really know all facilities, program, procedures and regulations of dormitory, and is ready to help students to overcome challenge that may happen. Supervisor shows the will to share knowledge and experience to motivate students in their personal and spiritual growth.

Mandatory Dormitory Program

Several program of Faculty of Nursing Dormitory are mandatory

1. Sunday Chapel, every Sunday 08.00-09.15
2. Tuesday Chapel, every Tuesday 07.00-08.15
3. Friday Night Fellowship, every Friday 19.30-21.00
4. Dorm Monthly Meeting, the schedule is determined by each Dorm Parent.
5. Regular meetings with the Supervisors, for bible study, counseling, and community building.
6. Programs and pastoral meetings that held by Dorm Parents.

Students must come at least 5 minutes before the chapel start. The lateness or absence without prior notice will be given Severe Warning Letter and disciplinary action. The letter will also be given to Student Service Faculty of Nursing

Leaving the Dormitory

- Check out procedure. Graduating students should fill in MYC Clearance Form after filling Faculty of Nursing Clearance Form. They will leave dorm at the Room Rotation day. Clearance Form that is done in advance will help all party.
- Extending stay. Graduating students that still needs to extend their stay because of a reason, please hand in a request by filling Extending Stay Form two weeks before Room Rotation.

Policy and Expectation

To reach goal and organize a good community leaving, we will set some rules and some hopes to live in Faculty of Nursing Dormitory community. These rules are made as a request to act responsible and mature, eventhough of course it does not stop the possibility of conflicts and questions that may occur. Some policies are stated to create an attitude norm in the middle of a big and variative group, wile others are to maintain the function and condition of campus' stuffs. We hope that member of our community will live in these requests and oey the explicit teachings from the Word of God.

Domitory Expectations

Experience in living together at Universitas Pelita Harapan (UPH) campus gives a unique ad valuable opportunity to all residents to learn and grow in a Christian student community that comes from various backgrounds, likes, and Christian tradition. This university wants all residents to live comfortably in this environment, can combine learning inside the class and experience outside of class, and is challenged to grow in all aspects of life.

Consequences

Every warning letter given by MYC Management will be sent to Student Service Faculty of Nursing as a way of holistic teaching. Warning and disciplinary action will be given due to make the individual be a healthy member of the community.

Disciplinary action involves restitution, fine, working hour in community, and probation. In addition, student in probation period can lose some of their rights.

Behaviours in Need of Serious Attention

- Alcohol, Illegal Drugs, Cigarette Smoking

Using or possessing alcoholic drinks and illegal drugs and cigarette smoking within the compound of Faculty of Nursing Dormitory is prohibited. Violation of this regulation will result in expulsion.

- Pornography

Involvement in pornography leads to addiction and is detrimental to relationships with others and God. Activity in any type of pornography (such as video, internet, and printed-material) is prohibited. Resident involved in pornography will be served Letter of Severe Warning that will be given to Faculty of Nursing.

- Inappropriate Sexual Behaviour

MYC believes that sexual relationship outside marriage is against the biblical teaching, and any behaviour suggestive of such intimacy (like nudity, wearing minimal clothing, sleeping in one bed) is unacceptable, may result in expulsion.

- Unruliness

Acts of bullying, mockery, trespassing fellow-residents' bedrooms, and cruelty are prohibited. Furthermore, imprudent talk which can easily be misinterpreted, insults, intimidation, public disturbance and provocation of others to the point of violence and discrimination are not tolerated. Any violation that denigrates another person and breaks-up the Christian community will be deferred to counselling and disciplinary action by Dorm Parents, it may also result in being issued the Letter of Warning which will be forwarded to Faculty of Nursing.

- Raising Funds

All types of fund-raising, such as selling any type of goods, supplying any kind of literature in the Faculty of Nursing Dormitory are prohibited.

- Theft or Stealing

Any type of theft or stealing (borrowing someone else's belonging or moeny, and taking university property) are not tolerated, and will be ask to give compensation money, and may result in expulsion.

- Smoke Alarm Device

Do not block or obstruct the smoke alarm device in the room. Any resident who causes damage to the smoke alarm device or carelessly sets off the fire alarm will be fined with Rp. 10.000.000.

A Special Note

At any point that additional regulations and procedures are deemed necessary to be added to the existing set written here, MYC Management will promptly inform all residents in writing, along with the request for their support and that of their parents in implementing of the referred additional ones.

All disciplinary decisions are the sole responsibility of the head of MYC and the decisions are final.

“In whatever you do, work it with all your heart, as working for the Lord, not for human masters.”

Colossians 3 : 23